

# Lost Arts Research Institute

Please Note: If you are requesting private consulting with Richard, please read this personal message from Richard to you:

Dear Friend and Lost Arts Radio listener,

If you are dealing with difficult health and life situations, if you have decided to take responsibility for your own recovery (and discovery), or if you just want to raise your own state of well-being and energy, to transform your life quality, then a private session with me could be a big help to you, and save you from having to go down some dead-end paths. I make time to do some one on one sessions over the phone or skype, sharing information that can be life-changing.

One on one time with me, generally about one hour, is given free of charge as a thank you gift, to Lost Arts Research Institute donors who give \$250 or more to the Institute, when time is available, and when they tell me in advance before donating, to see if any time is open

***To request a private session with me, please print the following form, fill it out and sign it, scan or take a picture of all pages and email them back to me at [richard@lostartsradio.com](mailto:richard@lostartsradio.com). In order to pack as much value into your private session, with information tailored to your situation and goals, please also email me whatever information you are willing to share about your health-related lifestyle details. That includes such things as what you eat and drink, drugs of any kind used, sleep patterns, exercise habits, sunlight exposure, type of work you do and anything else important to know about health or life situations you are dealing with now. I will respond as quickly as possible and we will figure out a convenient time to meet on Skype.***

## Request for Private Session

I would like to request a private online session with Richard Sacks, Founder of Lost Arts Research Institute. I understand that Richard Sacks does not give any of the following: medical advice, diagnosis or treatment of any disease or condition, psychological or psychiatric advice, or any other official expert or non-expert advice, treatments or solutions. For these things, I will go to my medical doctor or other licensed professional and obtain whatever I need from them.

The private session I am requesting from Richard Sacks is only to exchange personal ideas and opinions and nothing more. I understand that the approximately one hour long conversation with Richard Sacks which I am requesting, to be conducted by telephone or skype, unless otherwise specified by Richard Sacks, is being offered free of charge as a thank you gift to individuals who have donated \$250 or more to Lost Arts Research Institute. If I need more ongoing help beyond this initial hour after making additional donations, I understand that will depend on Richard's available time.

This money, and other donations, will go toward the educational work of the non-profit Lost Arts Research Institute, via electronic and in-person venues, and to include the establishment of an educational facility as soon as possible, teaching and demonstrating the effective and practical use of ancient and timeless health and consciousness principles in modern life and conditions, as taught by the greatest health teachers of this and previous times.

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Printed Name

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Signature

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Date

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Mailing Address

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Email Address

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Contact Phone Number(s)

Donation of \_\_\_\_\_ (amount) made on \_\_\_\_\_(date)

By \_\_\_\_\_ (money order by mail or PayPal using Donate button on website)

Richard Sacks has been an independent holistic health scientist since 1965, and more recently has also been doing a small number of private sessions. Much of Richard's work in holistic health has focused on the improving energy levels and reversal of degenerative disease and "aging," by natural means. On a deeper level, he is an Essene Teacher, explaining principles of natural health and consciousness. He is also an internationally known radio host ([www.lostartsradio.com](http://www.lostartsradio.com)).

